



BREAKING THE SPELL OF ENCHANTMENT

Sheep don't know they're Sheep

Everything is Mind, as you think, so shall you be.

A Metaphor

If you told a group of sheep that "you are all sheep", they would just look up and see you, a human making noise from out of your mouth hole that's moving. They wouldn't know what you are saying and wouldn't care, they would just look down again and eat grass.

My point here is that a fish doesn't know it's swimming in water or it's called water or even what words are, like "water". Just as a sheep doesn't know it's a sheep even if you told it that it's a sheep.

Similarities

Although I don't like the analogy to "sheep" being applied to hypnotised people because it's derogatory, there are some behavioural truths to it. Much as in the same way the sheep just follows the one ahead without question, a human is prone to follow others without questioning where they are going, what are they doing and who is the person they

are supporting or trusting really? They follow the script and don't question it. They think as a group and not as an individual.

A hypnotised person does not know that they are hypnotised. That's how it works.

From Birth

The healthcare and education system and academia, are one of the first state mechanisms for hypnotising the masses from birth into a constructed and limited perception of reality, and a false belief of who they are in that constructed reality perception of theirs.

Of course most people are unaware that they are hypnotised because their perception has been manipulated from birth. To understand they perceive the world in the vision of others and not from their own, and how to think of what they are perceiving and believe that to be the only reality that everyone else believes to be true. The trouble with this then is that you are agreeing to believe in someone else's take on reality not your own. Through your own experiences and own inquiries and observations.

1. You are told what X is,
2. Then you perceive X as told,
3. Then believe that is what X is.

Of course no one told you that what you were being told and taught were lies, or that you and that you were told this by people who were also hypnotised, who were under an enchantment hypnosis.

Denial of Hypnotism under Hypnosis

Becoming Aware of what You didn't Know

If you had a spider on your back and couldn't see it or feel it, you would not know it was there because you would not be aware of it. It may, or may not be on actual spider on your back, but until you look and see it, or feel it, or become aware of it, you will still be ignorant of it on you, and you will be unaware of its presence until you become aware.

Hypnotism is kind of the same deal. You don't know you have it unless you look to see if you have it and have been enchanted, you won't know. Here at this point though, is where most people don't bother.

You will most likely think that you are not one of those hypnotised and enchanted types. You see now that is where your hypnotism is successful in fooling your ego into thinking it's not related to you and your mind. So most people give up here, and dismiss it as only in other people. That's the denial your ego is saying that it's ever happened to you.

Breaking Ego Denial

The ego can be fooled, it can be fooled to believe it's not fooled and then become arrogant and deny to your mind that it's been fooled. It will do everything it can to try to convince you that it/you couldn't be fooled.

Everyone has an ego, if you don't you are dead. The ego is not a bad thing per say, it's only when it controls how you think does it become a weapon used against you and others without even your awareness that is what's happening, and what you are thinking, saying and doing. Under the influence of.

The key is to not let your ego fool you into thinking you know XYZ. But checking for yourself in a more neutral way by looking at both sides of something.

In fact looking at specific things from many other peoples (family, friends, critics & enemies) perceptions as possible is best to get an understanding of any specific issue.

Self-analysis/introspection

Without negative self-judgement but more neutral.

Humility

Only those that can see that they participate in life and so create ripples out. Only those that can see their own behaviours are then able to adjust them. Only those that are humble their ego enough are able to start to see their true self beneath.

Admit to Yourself

You may have been fooled, by not knowing certain information and by not being aware of it. There is no shame in being unaware and everyone is unaware of something.

Even if you are at the stage where your mind is still unaware of the things that are lies and where you have been fooled.

The way to find out where the lies and deceit and false beliefs are inside you is to look at them. Any opinion from religion, political party or government or media or any group or individual that doesn't like to be questioned or doesn't like their rhetoric or ideology or dogma to be challenged constructively with intelligent questions from a curious mind. Or in places where your individual opinions are not allowed to be expressed or discussed.

These are the areas where you believed something to be true, then looked at your belief again and noticed that there is no proof of it, or any evidence that it's implying or reinforcing that your belief is real.

Usually if an organisation is saying something is of benefit or if they are trying to convince people or the organisation is denying others who are speaking out.

Becoming Self Aware

You have to realise that the things you do here and now, are based upon what your mind is like. So however your mind works to perceive reality is only specific to you. Yes we all share sight of a tree and call it a tree, but that's not what I'm talking about. You learned that word "tree" at school and so did others, so now you share that collective reality with your collective agreements, like you and others knowing what trees are and look like. So we share collective agreements about things in reality yes, but the "way" we perceive them is unique to each person's individual consciousness.

So be aware now that you see your own reality based upon your own mind's translations of it. That every person has their own unique subjective reality. Everyone having their own perception of reality in which they have collective agreements, like what a tree is, or what a clock is and does etc.

