



CULTS

And Secret Societies

While sociologists and psychologists note that there is no single, universally agreed-upon definition of a cult, they generally agree on the core destructive patterns that define high-control groups.

According to renowned psychological frameworks like Steven Hassan's BITE Model and checklists from the Cult Education Institute, the key elements of a cult revolve around authoritarian leadership, psychological coercion, isolation, and exploitation.

1. An Authoritarian, Charismatic Leader

Absolute Authority:

The group revolves around a self-appointed leader who claims to possess exclusive access to the "truth" or divine knowledge.

- Organised Religions
- Religious figures like the Pope
- Mainstream Media
- Politicians
- Judges
- Police
- Doctors
- Governments
- Organised criminal gangs

Lack of Accountability:

The leader is completely unaccountable to any external authorities or internal governing bodies.

- Politicians
- The International Bank
- NATO
- WEF
- WHO
- UN
- Vatican
- Secret societies
- Banks
- Government institutions
- Mainstream media
- Medical institutions

Object of Worship:

The leader, rather than the abstract belief system, becomes the central object of devotion and veneration.

- Politicians
- Teachers
- Religious leaders
- Sports players
- Sports
- Media and Movies
- Actors
- Musicians
- Social movements

2. Coercive Persuasion and Mind Control

Cults systematically erode an individual's autonomy using psychological manipulation. This is often mapped out using the BITE Model:

Behaviour Control:

The group dictates the minutiae of daily life, including diets, sleep schedules, clothing, and who members can marry or date.

- Government
- Religions

Information Control:

Leaders censor outside news, forbid members from reading critical reports, and heavily filter all internal information.

- Media censorship
- Media hit jobs
- Assassinations
- Compartmentalised

Thought Control:

The group utilizes thought-terminating clichés, repetitive chanting, or public shaming to actively discourage independent critical thinking.

- The state education system and academia
- Mainstream media

Emotional Control:

Leaders leverage intense guilt, fear of the outside world, and psychological manipulation like gaslighting to keep members compliant.

- Mainstream media

3. Systematic Isolation and Elitism

Severe Isolation:

Members are heavily pressured or forced to cut ties with "outsiders," including spouses, parents, and lifelong friends. "Us vs. Them" Mentality: The cult positions itself as the only source of safety or salvation, framing the outside world as evil, corrupt, or doomed.

- Constructed Social movements

Shunning Former Members:

Leaving the group is framed as a moral failure, and current members are ordered to completely cut off anyone who exits.

- Removing whistle blowers
- De-platforming
- Litigation

4. Severe Exploitation - Financial Dominance:

Members are pressured to make major financial contributions, tithes, or inheritances to the group, often with zero internal financial disclosure.

Labour and Time Exploitation:

The group demands massive amounts of unpaid labour and time, keeping members physically exhausted and unable to focus on outside activities.

Physical or Sexual Abuse:

In many destructive cults, leaders abuse their position of absolute power to sexually or physically exploit vulnerable followers.

Love-Bombing

Cults, like religious ones, will tend to welcome you and give you lots of praise and flattery, they will make you feel good in their company. Before you know it these new “friends” or members start appearing more in your life and start steering you into the group’s dogma or rules. Also to note, just because a group of people makes you feel good, it does not mean they are a cult. It’s when they intrude into your life and start to control you and how you think is when cults come in with their indoctrination tactics. The aim is to make you feel obligated to do things for the cult against your wishes. Most importantly when you are not allowed or don’t feel you can say “No” without punishment of some kind.

Fear

Using fear narratives to shape perceptions and their reactions to it.

Obligation

Tests, contracts, rules and laws

Guilt

Making you feel bad for doing or saying something.

The same tactics that the education system and governments use, is the same tactics a narcissist uses to manipulate others.

Gaslighting too and making the target believe they are going crazy, so the manipulator leads them into a false sense of reality. Cults do this too.

Worshipping a dead guy nailed to a cross

Drinking his blood and eating his flesh. Sounds like a horror movie but from another perspective it would be a rated movie.

All sorts of cults can and are created; the cult of overcoming cancer, the cult of politics, the cult of military comrades etc. Most people don’t know that they are in a cult, whether a religious one, new age cult or even what we call mainstream society and government are the largest of all the cults. They will not allow you not to be free of their laws.

The meaning of the word “Law” means “Lie”.

One of the biggest scams against humanity, is that whether we like it or not, we are all indoctrinated into our society and so become part of the cult of mainstream society, unknowingly feeding that engine of control against us.

The good news is that you have still got free will and can choose other more human and sustaining systems, to self-govern without a master, to choose the life you wish to live without the intrusive state controls and punishments. To be free of tyranny and enslavement of the populations. To be in no cult at all.

